Which Defense Mechanism is being described? Explain why.

1. Mark doesn’t deal with his three pack a day cigarette habit claiming that “I’ll probably die from and accident before cancer gets me”
2. After some especially frustrating an unfair criticism from her professor at college, Jennifer starts an argument with her roommate at lunch.
3. Dave has no memory of his 7th grade class play which was ruined by his forgetting his lines and leaving the stage in tears.
4. Jake explains his bad grade on the final by noting that he had a long Skype chat with his parents the night before the exam.
5. Sunita, who was quite the “wild girl” only a few months earlier, writes the school board arguing for the mandatory suspension and expulsion of alcohol and marijuana using students.
6. Carl uses his anger over a disagreement with a friend to set a school record in the 100 metre dash.
7. Bin-bin, who ordinarily keeps his anger under wraps, sees every other driver’s breach of automotive etiquette as a personal attack.
8. After an especially traumatic day, in which she failed two tests, got a failing grade on an assignment and late marks deducted for a lab, Lorelle goes home and curls up in a blanket and rocks herself to sleep.